

CEO Psychic™ Gift: 6 Mantras for Manifesting a Healthy Relationship

From the desk of Diana Dorell: The Story behind these Mantras

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Hello Beautiful CEO Manifestor!

Manifesting a healthy relationship, whether that is with another person, money or yourself, has positive effects on every area of your life. Sometimes we are not even aware on a conscious level that we hold beliefs that repel the very thing that we keep saying we want! The biggest areas where we trip ourselves up include: trusting, finding balance, setting personal boundaries and receiving/feeling worthy to receive love (in all forms.) I sat in meditation and asked, “What can help us manifest healthy relationships?” The following list was channeled (I received the exact words and phrases from a Higher state of Consciousness) and I credit the following for communicating them through me: **Buddha, Goddess Abundantia, Goddess Athena, Archangel Michael the Protector, Archangel Uriel, Mother Mary, Goddess Lakshni and Remover of Obstacles, Ganesha.**



What is a MANTRA and how can it help me manifest?

A mantra represents a specific truth that holds a high vibrational frequency. When spoken, the truth is activated at the subconscious level within the speaker and sent out into the Universe, creating matching energies, pictures and situations that align with that truth. When the energy of your true intention matches the energy (and Divine timing) of the Universe, you manifest with ease! This is what is called “Being in the Flow.”

How to Use these Mantras:

The key here is INTENTION (what you want/groundedness), CONSISTENCY (you can't say a mantra once and expect a check in the mail or a lover to come knocking at your door without taking action!) and LOVING DETACHMENT TO THE OUTCOME

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(it's in DIVINE timing not ours, which I know can be frustrating but as long as we're playing the game, you have to understand the rules 😊)

Directions: 4 Easy Steps + a BONUS invitation

1. Get quiet + grounded (deep breaths, meditating or going for a short walk is great).
2. Say aloud, **“Which of these mantras can best assist me in manifesting my Highest Intentions?”**
3. LISTEN and LOOK at the list. Your intuition may nudge you to close your eyes and pick one or two or three of the mantras below. Or you may just “know” which ones are for you at this time. Go with your gut (pun intended!)
4. SAY them aloud in the mirror. For best results: Do this daily for the next 30 days and keep a log/journal of what you're manifesting/feeling or eliminating with ease! TIP: Get grounded and remember that you are rewiring your subconscious- at first these may feel fake when you say them. It's okay. Commit to the process.
5. **BONUS: Pass it along! Make a copy for yourself and send this gift along to someone who needs it.** Your intuition knows who that person is. When you give authentically, it creates a powerful ripple effect of positive energy to the recipient and also to you! Spread the love!

The MANTRAS: Are you READY?

- I attract healthy, loving relationships.

(TRUST)

- I give and receive love with ease and grace.

(BALANCE)

- It is safe for me to be powerful.

(PERSONAL POWER)

- I attract loving, kind and honest people and situations into my life. (DISCERNMENT)

- It is safe for me to stand my ground.

(BOUNDARIES)

- I now embrace compliments in all forms.

(RECEIVING)

Last Thing: Let's Connect so I can give you more!

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I just want to congratulate you on giving this a go Goddess! I know you know that you're ready for GREATNESS and DANCING in your life instead of playing it SMALL and PUSHING. This exercise could be the start of a whole new cycle for you if you want it. I would LOVE to hear from you and see what manifestation miracles you create for yourself. Please stay me posted [here](#) and if you got this from a friend, consider joining our CEO family!

#1 Join my Facebook community + “Like” us [here](#).

#2 Tune into my [online radio show](#) on Tuesday nights! Free inspiration every week.

#3 Ready for more free CEO Psychic™ tools for manifesting? Tips every week when you [join our e-newsletter](#).

To your success CEO Goddess!

Love,

Diana Dorell xo

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